

# TRAVEL VEST

## with Removable Zippered Pockets

From Coats & Clark

Designed by Elizabeth Hill

### SUPPLIES:

- Coats Dual Duty XP® thread, Art S910: 1 spool to match sweatshirt
- Coats Dual Duty XP® thread, Art S900: multicolor spool for decorative stitches
- Coats Separating Zipper (F43) 22-inch: 1 (measure sweatshirt length see step 4 below)
- Coats Polyester Zippers (F72) 7-inch: 2
- Sweatshirt: 1
- Fabric for lining: 1 ½ yard (Larger sweatshirts may require extra fabric. If making your own bias trim, add ½ to 1 yard extra lining fabric.)
- Extra wide double fold bias tape: 1 package
- Fabric Fusion Velcro™: 1 package (12 pieces)

### INSTRUCTIONS:

#### Prepare Sweatshirt

1. Remove neckband, waistband, and sleeves from sweatshirt. *Save sleeve fabric for vest pockets.*
2. With sweatshirt on a flat surface, front side up, measure and cut down the center of the sweatshirt from neckline to hem.
3. These instructions are for a capped sleeve. For a more fitted look, measure 1 ½" to 2" from the outside edge of the vest armhole at the top seam. Mark with a pin. Taper with a curve lined from this pin to the bottom of the armhole. Mark with tailor's chalk and cut.
4. Measure the distance from the top of the sweatshirt to the hem along the center cut. This will determine the zipper length. The sample uses a 22" zipper.
5. Gently remove the shoulder seam stitches. To retain shape and avoid stretching, staystitch a scant ¼" from all raw edges. Trim the bottom edge of the sweatshirt to straighten.

#### Cutting:

Cut outside pockets:

- Cut two pieces of sweatshirt knit 5" x 6" for top pockets
- Cut two pieces of sweatshirt knit 5" x 7" for bottom pockets
- Cut 8 flaps using flap pattern at end of this document from lining fabric.

Cutting inside pockets: cut from lining fabric.

- Top pockets:
  - Zippered pocket:
    - Cut 2: 5 ½" x 12 ½" pieces
    - Cut 2: 7" x 6" pieces
    - Cut 2: 7" x 7 ½"

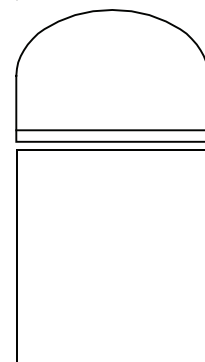
#### Cut Lining:

Place lining fabric right side down on a flat surface. Open sweatshirt and place wrong side down on top of the lining fabric. Pin sweatshirt to the lining along all raw edges. Cut lining fabric along the sweatshirt raw edges.



#### Assemble Vest

1. Thread machine with matching Dual Duty XP thread. Staystitch ¼" along the neckline, and vest armholes of the lining fabric.
2. Sew along the top edge of each pocket stitching ¼" from the edge. Note: do not turn under the pocket edges!
3. Evenly position sweatshirt pocket pieces as desired. Shown here, pockets are 2" from the center edge. The top of the pockets are 7" and 15 ½" from the shoulder seam respectively.
4. With right sides together sew pocket flaps together with a ¼" seam allowance. Clip curves and turn right side out. Press. To finish open edge of flap turn under ¼" of the open end to the inside. Press and stitch close to the folded edge.
5. Set machine for a blanket stitch. Using Dual Duty XP® multicolored thread, top stitch ¼" from the flap edges.
6. Position flap above pocket and stitch in place. Curved edge of the flap will be pointing upwards. Once stitched in place fold flap down over sweatshirt knit pocket. (Illus. 1)



Stitch ¼" from flat edge of the pocket flap

Position pocket flap above each pocket; stitch to vest front.

Illustration 1

# TRAVEL VEST *continued*

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7. Center Fabric Fusion Velcro strips on the bottom of the pocket flap. Follow manufacturer's instructions for application. Center matching piece of Velcro to the pocket. Press in place. Repeat for other pockets. Note: If using sew-on Velcro apply to pocket pieces and flaps before attaching to the vest.

8. Interior top pockets: Fold in half matching narrow ends. Using  $\frac{1}{4}$ " seam allowance stitch from the folded edges to the middle of the narrow edge; leave an opening to turn right side out (Illus. 2).



**Illustration 2**

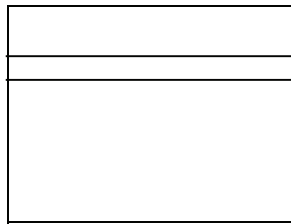
*Turn right side out, clipping corners. Press.*

*Position pocket on lining fabric as desired. Stitch in place.*

9. Interior zippered pockets: Fold under  $\frac{1}{2}$ " along 7" edge of each piece of lining fabric. Press. Shorten 7" zipper until it measures 6".

Put one edge of shortened zipper under the folded edge of one pocket piece. Use zipper foot to sew in place. Place remaining piece with folded edge along edge of zipper. Stitch in place.

Open zipper  $1\frac{1}{2}$ " to 2". With right sides together, match edges and sides of fabric. The zipper will be approximately 1" below the top of the pocket (Illus. 3). Using a  $\frac{1}{2}$ " seam allowance stitch pocket sides together. Trim corners and turn right side out. Reverse zipper tab placement for the second pocket for easy access once placed on the interior of the vest.



**Illustration 3**

*Zipper will be about 1" from the top of the pocket.*

Apply Fabric Fusion Velcro to the back of the zippered pocket  $\frac{1}{2}$ " from the top of the pocket and  $\frac{1}{2}$ " from each side. Repeat along the bottom using the same measurements. (Note: If using sew-on Velcro measure 1" from the zipper on the pocket piece that measures 7" x  $7\frac{1}{2}$ " and 1" from the shorter edges. Sew in place.) Repeat along the bottom edges.

To attach zippered pocket to the vest lining, determine pocket placement, aligning below the other pocket. Mark Velcro placement on vest lining. Attach according to package instructions. Repeat for other zippered pocket.

10. Vest Lining: Put vest lining and sweatshirt vest, right sides together, on flat surface. Pin, aligning raw edges. Stitch  $\frac{1}{4}$ " from the edge along shoulder seam and armholes. Stitch the hemline together starting and stopping 3" from center front opening. Do **not** stitch the neckline or the front seam.

11. With right sides together sew the shoulder seams with  $\frac{1}{4}$ " seam. Use a zigzag to finish the seam.

12. Insert separating zipper: Press under  $\frac{1}{2}$ " the lining and sweatshirt fabric along center front opening. Insert zipper into the left side matching the zipper end with the bottom of the sweatshirt hem. Using a zipper foot topstitch the zipper in place. Separate the zipper and insert the zipper into the right side. Pin in place. Close zipper to be sure the top and bottom ends will meet. Adjust or trim as necessary. Separate the zipper again and top stitch in place.

13. Attach extra wide double fold bias tape to the hemline: Open bias tape folds. Measure the hemline; add 1". Fold under  $\frac{1}{2}$ " at each end of the bias tape placing the fold close to the zipper end. Place the narrow side of the bias tape along the edge of the vest hemline. Stitch along the fold line of the bias tape. Turn bias tape to the back of the vest. Hand stitch in place. Press.

14. Repeat step 13 with the neckline and the armholes, overlapping ends of tape.

*Note: Our vest features bias tape made from the lining fabric. Bias strips were cut 3" wide. This made bias tape that was  $\frac{3}{4}$ " wide. To make bias tape you will need an additional  $\frac{1}{2}$  yard fabric.*

