

# embroidered shirt & shorts

LE1530

Easy 

Designed by Marilyn Coleman.

**ANCHOR® Embroidery Floss:** 1 Skein each No. 109 Lavender, No. 319 Orange, No. 1090 Aqua, No. 265 Green, No. 52 Pink, and No. 295 Yellow.

Tapestry needle No. 24; purchased shirt and shorts.

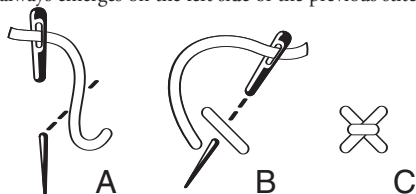
**INSTRUCTIONS:** This free-style embroidery is worked without using a hoop. Use the hemmed edges of the garments as guides for stitch placement. If desired, use a washable pen to mark placement of design elements.

Cut the floss into 18" lengths. Separate the floss into 6 single strands of thread then put 3 strands together and thread into the needle. All the stitches shown were worked with 3 strands of floss.

Work with an even tension to avoid puckers or loose stitches. Keep thread untangled while stitching by letting the needle hang so that the thread will unwind. End thread that begins to look worn or frayed by securing with tiny backstitches in the embroidered threads on the wrong side of the fabric. If you need to remove stitches, use the blunt end of the needle and remove stitches one by one. Do not re-use the thread except to secure it on the wrong side of the fabric.

## A. Stem Stitch

Work from left to right, taking regular, slightly slanted stitches along the line of the design. The thread always emerges on the left side of the previous stitch.



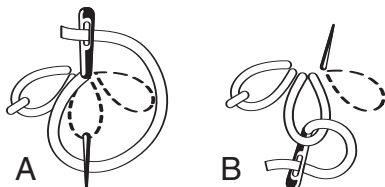
## B. Secured Cross Stitch

Bring the needle through on the lower right line of the cross and insert at the top of the same line, taking a stitch through the fabric to the lower left line (A). Complete the other half of the cross (B), taking a small stitch through the fabric at the center of the cross (C).



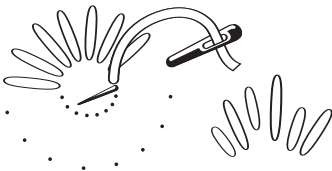
## C. Zig-Zag Chain Stitch

Bring the thread through at (A) and hold it down with the left thumb. Insert the needle at (A) and bring it through at (B), the required length of the stitch. The second stitch is worked in exactly the same way at right angles to the first stitch, but the needle, as it enters the fabric (C), pierces the end of the first loop, thus insuring that each loop is held in position.



## D. Lazy Daisy Stitch

Bring the thread out at the top of the line and hold down with left thumb. Insert the needle where it last emerged and bring the point out a short distance away. Pull the thread through, keeping the working thread under the needle point (A) and fasten each loop at the center with a small stitch (B).



## E. Straight Stitch

Single spaced stitches worked either in a regular or irregular manner. The stitches can be of varying size. The stitches should be neither too long nor too loose.

