

FROLICKING DOLPHINS

Pillow by Lucy A. Fazely & Michael L. Burns

Finished Pillow: With ruffle — 20" square
Without ruffle — 16" square

SUPPLIES & CUTTING DIRECTIONS:

Six assorted blue batik prints for waves: cut six 1-1/2" x 44" strips

2/3 yard royal blue batik for background: cut one 21" square

1/2 yard navy batik for ruffle: cut three 5" x 44" strips

2/3 yard light blue batik for lining and backing:
cut one 20" square and two 10-1/2" x 16-1/2" pieces

Fat quarter gray batik for dolphin appliques

One 16" or 18" pillow insert

Template plastic

20" square batting

12"x 12" fusible web

Coats Dual Duty XP All Purpose Thread (Art. S910 clr 4120)

Coats Dual Duty XP Heavy Thread (Art. S950 clr 8010)

Coats Machine Embroidery Thread (Art. D75 clr 480)

Coat Transparent Nylon Monofilament Thread (Art. D67 - Clear)

SEWING DIRECTIONS:

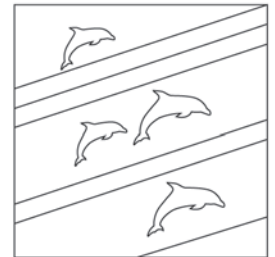
Use a 1/4" seam allowance unless directed otherwise.

1. Press a 1-1/2" x 44" blue batik strip in half lengthwise, right sides out. Use all-purpose thread through the needle and heavy duty thread in the bobbin. With a long stitch length, stitch layers together 1/8" from the long raw edges of the strip, do not lock ends of stitch. Repeat 3/8" from the raw edge. Pulling the heavy duty bobbin threads, gather into a ruffle about 24" long. Repeat with the other five 1-1/2" strips.
2. Lay the 21" royal blue square on the cutting table. Referring to Illus. 1, cut from the upper right corner across to 7" down the left side. The remaining strips are cut 1-1/2" and 6" wide — measure parallel to the diagonal cut edge, not along the side edges.
3. With all purpose thread and a regular stitch length, sew the two top strips together with a 1-1/2" x 24" ruffled strip between them (all raw edges matching). Press seam down so the ruffle (wave) lays up. Do not trim excess ruffle. Pull out the heavy duty bobbin threads from the ruffle then remove the loose all purpose thread. Repeat with remaining ruffled strips sewn between the rows of royal batik.
4. Increase dolphin pattern to 200%. Trace the dolphins onto template plastic, label and cut out. Lightly press the web side of fusible web to wrong side of gray batik. Trace face down, two large and two small, dolphins onto paper side of fusible web. Cut out each dolphin. Lay dolphins in about the same layout shown above. Check to be sure that all your appliques will be within a 16" square since the top will be trimmed. Permanently press the dolphins in place following the web manufacturer's instructions.
5. Set the sewing machine for a narrow short zigzag stitch. Use machine embroidery thread through the needle and in the bobbin. Machine applique around all raw edges of dolphin appliques.
6. Layer the backing, batting and top. Spray or pin baste. "Stitch in the ditch" along the bottom of the waves. Quilt more if desired. Trim backing and batting even with the pillow top.
7. On one 16-1/2" edge of a 10-1/2" x 16-1/2" light blue batik piece, fold to wrong side 1/4" twice and stitch down a hem with

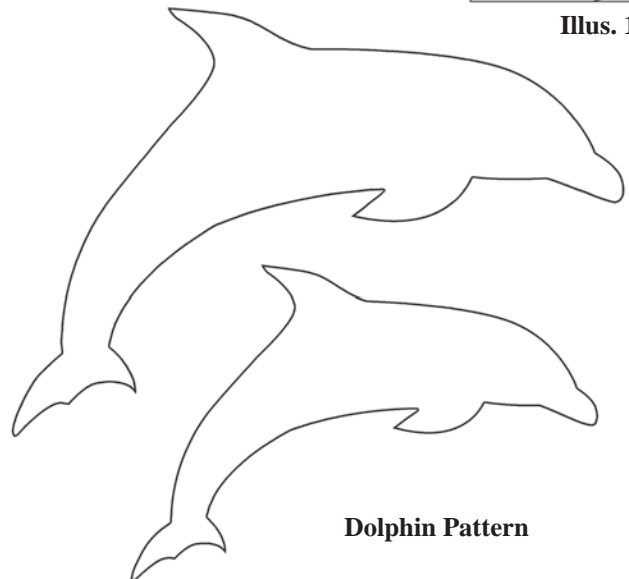


all purpose thread. Repeat on the second piece. These are the backings.

8. Sew the three 5" x 44" navy strips right sides together end-to-end into a large circle. Press seams open. Fold the circle strip in half right sides out (so it is 2-1/2" wide). Use the same ruffling technique used in Step #1 to make the outside ruffle. Pin the ruffle on top of the pillow top — with the raw edges even with the raw edges of the pillow top so the folded edge is towards the center of the pillow top. Lay the two backing pieces (right sides down and overlapping the hemmed edges in the center) on the pillow top/ruffle. Stitch with a 1/4" seam with all purpose thread. Using the same thread stitch over the raw edges with an overcast or zigzag stitch to keep the edges from raveling.
9. Turn pillow right sides out and remove all pins. Stuff the pillow insert through the backing. Enjoy!



Illus. 1



Dolphin Pattern

