

ROMANTIC TABLE RUNNER

CS0054

By Cheryl Fall for Coats & Clark

This romantic table runner is perfect for Valentine's Day, but lovely enough to use anytime of year. Appliqué with Dual Duty XP® Fine for an old fashion look.

SUPPLIES:

- Dual Duty XP® Fine thread
- Dual Duty XP® General Purpose thread
- Fabrics – 3 coordinating prints: 2 pieces 8 1/2" x 9 1/2" of each print plus additional scraps for hearts
- Binding strips: approx 96" of 1 1/2" wide strip in coordinating fabric
- Backing Fabric: 18" x 29", coordinating fabric or muslin
- Paper-backed fusible web
- Batting: 18" x 29"

The fabrics in our table runner are from House by Annette Tatum for Free Spirit fabrics in the blush palette. For the appliqué Dual Duty XP Fine color 1210 Pink was used and XP General Purpose color 1340 Bubblegum was used for quilting.

All seam allowances are 1/4" and are included in the measurements.

STEPS:

1. Stitch two of the print fabrics together along their long sides. Repeat this with the other two pairs of fabric pieces. Then stitch these three rows together to make the runner top, referring to the photo.
2. Print and cut out heart pattern. Trace 8 hearts onto the paper-backing of the fusible web. Fuse to wrong side of fabric scraps.
3. Cut out hearts and fuse to alternating squares on the runner following manufacturer's instructions. See photo.
4. Thread machine with XP Fine and set to a narrow (3mm) satin stitch. Machine appliqué hearts to runner top.
5. Lightly mark quilting lines 2" apart along the length of the runner. Layer on a flat surface the backing fabric with wrong side up, then the batting and then the runner top, right side up. Pin or baste the layers together.
6. Using XP General Purpose, quilt along markings. Stitch 1/8" from raw edges of the runner top and trim the excess batting and backing fabric.
7. To bind the runner with fabric strips: Press 1/4" to wrong side on one long edge of the binding. Cut a strip to fit each long side of runner. Pin, right sides together to each long



side aligning raw edges. Stitch in place. Fold binding to wrong side and slip stitch in place by hand. Pin strips to each short side, folding under short ends of strip. Stitch to short ends of runner aligning raw edges. Fold to wrong side and hand stitch in place.

