

QUILTED LOVE NOTES

CS0068

By Lynn Browne

This is a great way to try out the decorative stitches and alphabet on your sewing machine and play with different kinds of thread—multi-colors, neons, and more!

Skill Level: Easy.

SUPPLIES:

- *Coats Dual Duty XP All Purpose Thread*: shades of pink, red, neon pink and multi-colored
- *Pink fabric*: enough to cut two 4" x 6" rectangles
- *Red and/or pink print fabric*: scraps
- *Fleece batting*: enough to cut a 4" x 6" rectangle (must not be thicker than 1/8")
- *Paper backed fusible web*
- *Card stock*: enough to cut a 4" x 6" rectangle
- *Scissors*
- *Glue-stick*
- *Pencil or fabric marking pen*



STEPS:

1. Cut a 4" x 6" rectangle of cardstock. This will be your pattern and the back of the postcard.
2. Place a piece of solid fabric slightly larger than 4" x 6" on a table with the right side facing you and trace the 4" x 6" rectangle. Do NOT cut out.
3. Fuse one side of fusible web to wrong side of print fabric scraps according to manufacturer's instructions. Cut strips and or hearts of the print fabric and arrange on rectangle. Remove backing and lightly fuse in place.
4. Wind the bobbin with one of the threads you will be using. (You can use this bobbin for all stitching—the back will not show.) On a fabric scrap try out several of the decorative stitch patterns on your sewing machine with different threads and select the ones you like.
5. Place another piece of the solid fabric (slightly larger than 4" x 6") on a table. Lay fleece (also cut slightly

larger than 4" x 6") on top of fabric. Place fabric with fabric strips or hearts, strips facing you, on top of batting. Place a few pins through all layers to hold together. Sew rows of decorative stitching across the post card area, changing stitches and threads with each row of stitching. Make the rows straight or curved and overlapping. How many depends on your design, but be sure to sew enough rows to hold fabric strips in place.

6. Place card stock rectangle back over original lines and trace. Cut out quilted postcard.
7. Place quilted piece on top of card stock and zig zag around the edges. Backstitch to secure thread. (Use a glue stick or double-faced tape to hold fabric to postcard while stitching.)

Your postcard is ready to mail! It will require a first class postage stamp and the card must not be over 1/8" thick.

Fabric source:

FreeSpirit and Rowan fabrics by Westminster Fibers